

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Sonntag
8:30 - 9:45 MORNING FLOW				10:00 - 11:15 YOGAFLOW	10:00 - 11:15 SUNDAY YOGA
18:00 - 19:15 YOGAFLOW	18:00- 19:15 YOGA FÜR ANFÄNGER				
18:00 - 19:15 YIN & YANG 1.OG			18:30 - 19:45 ASHTANGA		
	19:30 - 20:45 POWER YOGA	18:30 - 19:45 YOGAFLOW	18:30 - 19:45 PHYSIOGA		
		20:00 - 21:15 MEDITATION	20:00 - 21:15 just YIN!		